



New Horizons
AT CHOATE

Independent and Assisted Living in Woburn, MA

Monthly Update

April 2016



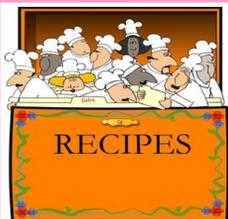
NEW RESIDENTS **Jean McElhinney, Suite 241**, is a true Woburnite who remembers when our building was still Choate Hospital. She worked at Choate Hospital while in high school, and her four sisters were nurses there, and her seven children were born there. A retired New England Telephone Company employee, Jean enjoys bowling, walking, swimming, reading, and playing cards.

Robert Naughton, Suite 372, joins us from his home in Burlington. An attorney by trade, Bob is originally from the west side of Woburn, where he raised his three children.

Bob served on the boards of Northern Bank and Trust, Brookhaven at Lexington, and Woburn Planning Board. He also served as president of the board of directors of Choate Hospital.

*We extend a warm welcome to **Jean & Bob** in their new home.*

EASTER DINNER Please join us for our very special home-cooked **Easter Dinner on March 27**. Guest tickets cost \$20 for adults and \$10 for children eight years old or younger. The menu will feature baked ham, lamb, hot cross buns, and a delicious dessert. To help us plan appropriately for guests, please make reservations with the Dining Room staff, or let us know if you will be enjoying Easter elsewhere. So our food service staff can spend a portion of the Easter holiday with their families, the evening meal on March 27 will be Gourmet-to-Go, containing extra-special goodies. We wish everyone a joyous Easter!



RECIPES

DINING ROOM The spring/summer home-cooked menu cycle begins **April 1**. The new menu features many seasonal items that do not appear on the fall/winter menu, including various lobster dishes and exciting chef's choices. Please join us for the semiannual food service meeting on **Tuesday, March 29**, at **9:30 AM** in the Rumford Dining Room.



SAVE THE DATE Join your friends at the New Horizons "nightclub" on **Thursday, April 21**, for a fabulous evening of dancing, music, and cocktails. Details to follow.

PASSOVER, or *Pesach*, commemorates the Israelite exodus from Egypt after their liberation from slavery more than 3,000 years ago. This year, it begins at sundown on **Friday, April 22**, and continues through sunset on **Saturday, April 30**. Though the holiday lasts for eight days, a special meal, called a *seder*, is held only on the first and second nights. During the *seder*, participants recount the story of the Exodus while eating symbolic foods and drinking wine. During the holiday, the dining rooms will feature traditional items, such as delicious matzah ball soup, alongside our regular fare. Happy Passover!

Happy Passover!



WHAT A WONDERFUL WORLD Residents enjoyed a fun-filled evening at our annual “Dress for Dinner” event. In keeping with this year’s “*Around the World*” theme, New Horizons decorated with memorabilia from countries around the globe. The meal paired wines from Australia with native dishes from Portugal, Mexico, France, Ireland, Germany, and Greece, culminating with homemade Italian limoncello cake.



(Top) Residents **Eileen and Charlie Dahill** celebrated their 68th wedding anniversary and stopped to chat with pianist **Mark Tavenner**, who provided the evening’s musical entertainment. (Left; back row) **Helen King, Jeannette LeBlanc, and Dot Taylor**; and (left; front row) **Cam Rice, Pauline Giannelli, and Norma Pecora** dressed to the nines for dinner.



INSURANCE Residents who joined our community after April 2010 are required to carry renters insurance according to their Residence Agreements. Other residents may wish to purchase renters insurance to protect against losses from fire, flood, sprinkler discharge, theft, or personal liability in the event someone is injured inside a resident’s apartment. Most insurance agencies sell renters insurance, which is typically modest in price.

EARTH DAY We will observe **International Mother Earth Day** on **April 22**. Earth Day reminds us that the earth and its ecosystems provide us with life and sustenance. It also recognizes a collective responsibility to achieve balance among the economic, social, and environmental needs of present and future generations. Earth Day provides an opportunity to raise public awareness worldwide. New Horizons strives to be ecofriendly. Residents can help in this effort to “go green” by remembering to close exterior windows during hot and cold weather, turn off lights when going out, report running toilets, and recycle paper products.



Mark Your Calendar!

March 27		Easter Sunday	
March 29	9:30 AM	Food Service Meeting	<i>Rumford Dining Room</i>
April 1		April Fools’ Day!	
April 11	2:00 PM	Red Sox Opening Day at Fenway	<i>Terrace Lounge Theatre</i>
April 18		Patriots’ Day	
April 21		Nightclub at New Horizons	
April 22		Earth Day	
April 22		Passover	
April 24	2:00 PM	Prom Fashion Show	<i>Terrace Lounge</i>