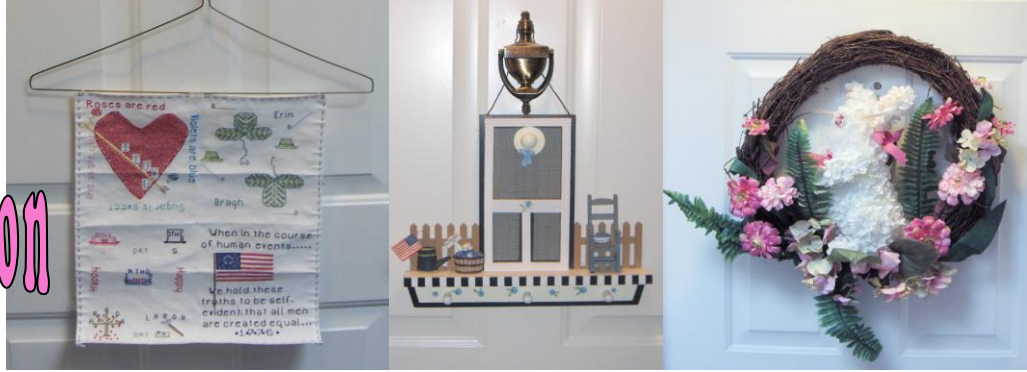


New Horizons Community Connection

April 2010



GOIN' GREEN FOCUS: EARTH DAY – EVERY DAY. This **April 22** marks the 40th year celebrating the annual day of earth stewardship created by the late Wisconsin **Senator Gaylord Nelson**. In the spring of 1970, Senator Nelson promoted a nationwide grassroots demonstration on behalf of the environment and invited everyone to participate. The wire services carried the story from coast to coast, and the response was electric! Telegrams, letters, and telephone inquiries poured in from all across the country. A forum was thus created to express concerns about what was happening to the land, rivers, lakes, and air.



New Horizons encourages all residents and families to get involved this year by forwarding your good habits regarding energy conservation and healthy-earth choices, for publication in a subsequent issue of *Community Connection*, to Beatrice. Locally, Marlborough's Third Annual Earth Day Fair is happening May 1 from 11 AM to 3 PM. For more information, see postings on campus or visit www.GreenMarlborough.org. Here are some interesting recycling facts to consider ...

- An estimated 80,000,000 Hershey's Kisses are wrapped each day, using enough aluminum foil to cover almost 40 football fields. All that foil is recyclable, but not many people realize it.
- Americans throw away 25 billion Styrofoam coffee cups every year.
- Today, the U.S. recycles 33% of its waste, a rate that has almost *doubled* during the past 15 years.

MAYOR TO VISIT NEW HORIZONS: On **Friday, May 7**, we will have the privilege of welcoming Mayor Nancy Stevens to our campus to visit with, and address, our residents. With the last mayoral election now six months behind us, Mayor Stevens visits us *not* as a candidate, *but* as mayor of *all* of the citizens of Marlborough. Knowing that New Horizons residents take an active interest in the affairs of their city, the mayor instantly and enthusiastically accepted this special invitation to join us for breakfast and then to deliver a State of the City address. While residents enjoy their breakfasts at various times, Mayor Stevens expects to arrive for breakfast at **8:00 AM**, and following her meal to deliver her address in Assembly Hall. Meadows and New Horizons residents are encouraged to attend and meet Mayor Stevens.

FROM THE KITCHEN ... We are planning another grand buffet for **Mother's Day on May 9!**



Whatever your plans may be for that day, please notify Barbara at your earliest opportunity, so that we may plan more efficiently for guests in the Concord Dining Room. The Broadmeadow Dining Room will be closed on Mother's Day. If you normally have Sunday dinner in Broadmeadow Dining Room, please join us at the Town Center for the sumptuous buffet.

We have now transitioned to the Spring and Summer menu, and the Food Service Team welcomes your "family favorites" to use for chef's choice selections. If you would like to share a special family recipe, even a little story behind the favorite dish, drop off your recipe to the Food Service office located near the Concord Galley. Please be sure to include your name!



STAY COOL: As the weather gets warmer, most residents will be taking advantage of central air conditioning in their apartments. For maximum operating efficiency and personal comfort, we recommend that thermostats be set on automatic, low fan speed, and at your desired temperature.

EMERGENCY HOUSING PLANS: With the deluges of March, and the proverbial expectation of April showers, we offer the timely reminder to review your emergency housing plans. Emergency housing becomes necessary in the event that our community must be evacuated. Such an occurrence did happen recently in Andover when flooding restricted the ability of a similar facility to deliver services safely and consistently to its residents. Residents relocated temporarily to family and friends' homes. Please be sure that you have established a contact willing to receive you in the event of an emergency and record this individual(s) name and phone number in your "Living At" book under Emergency Procedures (Tab 2).

SURVEY 2010: In early May, all residents will be invited to complete a satisfaction survey regarding residency in the community. For New Horizons residents, ambassadors **John Connolly**, **Frances Denzel**, **Alberta Fullem** and **Mary Lombardo** will facilitate the survey during lunchtime. For Meadows residents, the community service team will distribute the surveys under apartment doors. For prompt reporting of results and response to feedback, we ask that all surveys be returned to the front desk within 24 hours. If you plan to be away during the first week in May and would like to receive a survey earlier, please notify **Sandy Aker**, community services director, and we will be happy to get one to you! We welcome all feedback and appreciate your consideration of the questions. Surveys may be signed or submitted anonymously, as you prefer.

MEADOWS UPDATES:

SPRING INTO FITNESS! Current members of the Hemenway Health Club will be delighted to learn that *effective immediately* their membership is now valid for the duration of their residency. We thank you for your participation in and support of all the fitness programs, and we welcome recommendations and other suggestions for the club's offerings! For those who do not have membership, join now through **May 31** at the current fee of \$300 (\$400 for a couple). Check out the many classes during April's Fitness Bingo event and plan your own spring fitness routine!



Fitness Center Reminder: The fitness center, located at 420 Hemenway, is for *residents only*. Our insurance prohibits the use of the space and equipment by all others. Thank you for your cooperation!

DOOR DECORATION WINNERS! The judges had a challenging time on April 7 when they reviewed doors to determine the winners of this year's contest! So many beautiful *a-door*-nments to behold! We congratulate everyone who enhanced the hallways and improved the welcoming appearance of *The Meadows*. The following individuals won ribbons in the designated categories:

Springtime: *First Place*, **Elmira Giacomuzzi**; *Second Place*, **Tomi Higgins**; *Third Place*, **Helen Carchidi**

New England's Best: *First Place*, **Abe & Rose Goodman**; *Second Place*, **Irene King**; *Third Place*, **Jacque Miller**

Crafted with Love: *First Place*, **Elizabeth DeLucia**; *Second Place*, **Marie Kinney**; *Third Place*, **Bud & Peg Keeler**