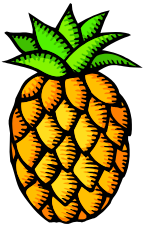


*New Horizons*  
**MONTHLY UPDATE**  
June 2010



**NEW RESIDENTS:** **Kay McKittrick, Suite 483**, born in Woburn and a graduate of Woburn's St. Charles High School, now joins her longtime Woburn friends and even her cousin Estelle McHugh here at New Horizons. A retired secretary at Verizon, Kay enjoys bingo, trips out, and especially shopping! **Joe Ciccolo, Suite 477** of Arlington is the father of four. Joe worked for the Town of Arlington as a mason, and now spends much of his time enjoying sporting events and gardening. **Claire and Sam Torrice, Suite 470**, the parents of two daughters and one son are well-known Woburnites. Claire's interests include reading and watching sports, while Sam spends much of his day working on the computer, playing cribbage and, like Claire, is a sports enthusiast. We extend a warm welcome to Kay, Joe, Claire and Sam in their new home.



**LOBBY DISPLAY:** In honor of Independence Day, our July lobby display theme will be "Lady Liberty – Symbols of Patriotism and Freedom." We know that lots of residents have Americana items, so if there are any patriotic pins, plates, statues, pictures, or other small items that you would like to loan to the display, please see Magdalena by **Wednesday, June 30.**

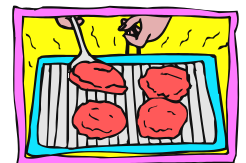


**WELLNESS PRESENTATION:** **Tuesday, July 13, 10:00 AM** in Terrace Lounge Pinky Jain, MD, who recently joined the medical staff at Winchester Hospital and practices internal medical at Woburn Medical Associates, will present "**How to talk to your doctor.**"

**DAD'S SPECIAL DAY:** In celebration of Father's Day, a special mid-day meal is planned for **Sunday, June 20.** Residents are requested to make reservations by **Tuesday, June 15** for any invited guests attending this event. The inclusive price for guest meals is the same as other Sundays (\$15 per person, half-price for children younger than eight), but reservations are required. So that we may accommodate all those residents wishing to have guests, reservations are for up to two guests per resident.



**GRILLIN' GOOD:** Our annual Resident Barbecue will be held on **Wednesday, June 23**, with resident seating will begin at 11:30 AM and food will be served at about noon. Our food service team will prepare a traditional BBQ-style lunch served outside in the resident garden area. Lively music entertainment will round out this popular event. Let's all hope for sunshine!



**MEMORIAL DAY REMEMBRANCE:** Thank you to all residents and family members who joined us for our sixth annual Resident Memorial Service. Nearly 100 attendees came together to remember and celebrate the lives of seven former New Horizons residents who profoundly touched our community. This poignant service, led by Deacon Phil Hardcastle, has come to symbolize the very strong bonds we all share as members of the extended New Horizons family.

**PHONE SCAM ALERT:** A New Horizons resident has recently reported receiving phone calls asking for the resident's bank account and social security number. Unless you make a call to a known person, service provider, etc., **never** give out private information. If the caller insists that you provide private information, it is almost certainly an attempt to steal your personal information for a scam, and you should simply hang up. If you are at all unsure, you might request that the caller mail you something in writing to confirm his/her legitimacy before releasing any information. If you feel you are being "scammed," do not hesitate to call the police. Also, if the person continues to call you, call your telephone service provider and ask for assistance. The telephone company may be able to block the phone number and prevent repeated calls.



**STAYING UP-TO-DATE:** As summer is typically a high vacation season, we remind all residents and family members about the importance of updating emergency contact information. Please take a few moments to check in or call our Front Desk to notify us of any changes, including phone numbers to reach family while away, changes or updates to health care information, etc.

**FIRE LANE RESTRICTIONS:** Woburn Fire Department has directed that no residents, guests, or staff leave a vehicle unattended in the driveway outside our main entrance. The front driveway is reserved primarily as a fire lane for emergency vehicles, and secondarily for *active pick-up and drop-off*. Vehicles may not be left unattended there, as they prevent emergency vehicles and first responders direct access to the building. Residents expecting a pick-up must meet visitors at the main entry or request that the visitor first park in one of the reserved short-term parking spaces nearby and then meet the resident in his or her apartment. *Thank you for your careful consideration at all times.*



**COMMON AREA ETIQUETTE:** New Horizons has many lovely common areas for relaxing, reading, socializing, or watching television. Sometimes, however, residents will mistakenly nod off and use these areas to nap. While we realize that the surroundings are perfect for getting cozy, New Horizons requests that residents refrain from sleeping in the common areas as a courtesy to their neighbors and to help prevent an inappropriate image to visitors. If eyelids are feeling heavy, the easy layout of the building means that resident suites are typically just a short walk away!



Call the **SMARTLINE** 781-932-1181 for daily menu and activities!