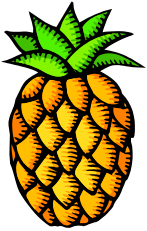


New Horizons MONTHLY UPDATE April 2010



NEW RESIDENTS: **Gertrude Cronin, Suite 476**, joins us from Stoneham. After moving here, she discovered that she has many things in common with other residents. Gertrude made her career as a Senior Planner at Polaroid Corporation where resident Joe Gibson also made his career, and she and resident Lois Ward both are alumni of Regis College. **Lenore Engdahl, Suite 352**, most recently of Natick, is a gifted pianist and a retired music teacher. The mother of three children, Lenore enjoys lectures, concerts, reading, and the arts. **Ginny Cleak, Suite 483**, of Woburn is a talented artist and quilter. Ginny is happy to be living “just around the corner” from her son Duane and his wife, Kathy. We wish Gertrude, Lenore, and Ginny every happiness in their new home.



LOBBY DISPLAY: In celebration of Mother’s Day and Father’s Day, we will be honoring past gifts of residents’ mothers and fathers in our front lobby display cases. If you have photographs, letters, or memorabilia that you would like to loan to us for the display, please see **Magdalena by Friday, April 29**.

A CRAFTY GROUP: On **Friday, April 30**, from **1:00 to 3:00 PM**, our Resident Talent Exhibit will be on display in Terrace Lounge. Stop by and view this amazing display of artwork by our very own residents. Enjoy a wide range of handiwork including rug hooking, embroidery, sewing, painting, sketching, pottery, crafts, and more. All are welcome. *Note:* There is still time to submit your artwork for the exhibit. Please see a member of the Activities Department by **April 26**.



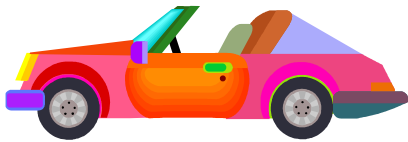
MOTHER’S DAY SOCIAL AND DINNER: Join the fun, as we gather for a memorable Mother’s Day celebration. Children, grandchildren, great-grandchildren, etc. are cordially invited to partake in light refreshments at a complimentary informal Mother’s Day social, on **May 9**, from **9:30 to 11:00 AM** in the front living room. This social follows the 9:00 AM Catholic service, also held in the front living room. All are welcome to attend both events.



Our Food Staff is busy putting together a wonderful mid-day dinner. Guests wishing to join us to celebrate this special day should make reservations by **Wednesday, May 5**. The inclusive price for guest meals is the same as other Sundays (\$15 per person, half-price for children younger than eight), and reservations are required. For a more comfortable dining experience, up to two guests per resident may be accommodated. Please see the Dining Room supervisor for reservations; alternatively, please let us know if you plan to be *out* for dinner that day.

FOOD SERVICE MEETING: Thank you to those residents who joined our chefs and dining room supervisor at New Horizons' recent food service meeting. Twenty or so residents participated, and lots of good discussion ensued. We encourage all residents to attend these meetings to enhance our food service program by sharing thoughts, comments, questions and compliments.

OUT and ABOUT? As a courtesy to New Horizons residents, our dining staff typically will call your apartment in the event that you do not arrive for a scheduled meal in the dining room. If you know you will be out for a meal, it is most helpful if you inform our Front Desk, so that



we may alert the dining room not to expect you. Also, on the subject of dining service, please help maintain smooth operations by arriving no later than five minutes after your meal is scheduled to begin. Thank you for your cooperation.

GOIN' GREEN FOCUS: EARTH DAY – EVERY DAY. This **April 22** marks the 40th year celebrating the annual day of earth stewardship created by the late Wisconsin **Senator Gaylord Nelson**. In the spring of 1970, Senator Nelson promoted a nationwide grassroots demonstration on behalf of the environment and invited everyone to participate. The wire services carried the story from coast to coast, and the response was electric! Telegrams, letters, and telephone inquiries poured in from all across the country. A forum was thus created to express concerns about what was happening to the land, rivers, lakes, and air. Here are some interesting facts to consider ...



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- An estimated 80,000,000 Hershey's Kisses are wrapped each day, using enough aluminum foil to cover over 50 acres of space, or almost 40 football fields. All that foil is recyclable, but not many people realize it.
- On average, each one of us produces 4.4 pounds of solid waste each day. This adds up to almost a ton of trash per person, per year.
- Americans throw away 25 billion Styrofoam coffee cups every year.
- Today, the U.S. recycles 33% of its waste, a rate that has almost *doubled* during the past 15 years.

Call the SMARTLINE 781-932-1181 for daily menu and activities!